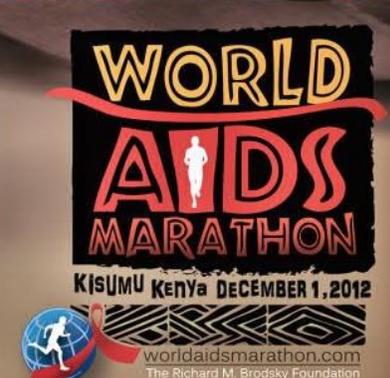




Richard Brodsky's
JOURNEY OF HOPE



2022



RICHARD M. BRODSKY FOUNDATION
 1247 Mara Court
 Atlantic Beach, NY 11509
 (516) 770-7724 Fax: (516) 432-1254
 richardm.brodsky@gmail.com

www.5kaidscancer.com

www.worldaidsmarathon.com

www.richardmbrodsky.org

September 25, 2022 **There are no other marathon runners in the world who run marathons who are living with HIV + brain cancer. This is the only marathon on World AIDS Day in North America to honor the memory and loss of 40,000,000 souls who died from AIDS**

Dr. Bonyo | Bonyo's Kenya Mission | 1569 Vernon Odom Blvd. | Akron, OH 44320

RE: World AIDS Marathon + 4 orphan dinner dances + medical care for orphans

Dear Dr. Bonyo: **This Event is being presented by Rockaway Business Alliance & Rockaway Track Club**

On World AIDS Day, Dec 1, 2022, the Richard M. Brodsky Foundation, a 501(c) (3) public charity will sponsor its inaugural World AIDS Marathon, half marathon, 10K & 5K on the Rockaway boardwalk in Queens, NY. Proceeds from these running events will fund the Foundation's work in Kenya & America. Our team will visit Kenya from Dec 10 - 19 to provide medical care + medicine for 800 - 1,000 orphans at 4 orphan dinner dances, a day of music & dancing for special needs kids + a running Event. Our mission is to improve the lives of people living w/ HIV in Kenya. Proceeds will also benefit St. John's Episcopal Hospital + Family Health Centers Long Island FQHC.

Since 2004, the Brodsky Foundation, with your help, has donated \$582,000+ in goods & services for helping people, especially children living with HIV or cancer, in Africa & America. Donations have also funded 45 festive orphan dinner dances for 12,139 Kenyan orphans, AIDS & cancer research, free concerts, 19 local 5K running events (4 were free), toys for children living with HIV and/or cancer & toiletry/gift items for people living with HIV or cancer on Long Island.

In addition, medical care and in many cases lifesaving treatment has been provided for 2,916 orphans treated at the orphan dinner dances since 2011. Placing a value on this work is not plausible. 3,500+ people were tested for the AIDS virus at the World AIDS Marathon since 2006. One of the groups testing reported HIV+ results in more than 28% of those tested, while on Long Island, the comparable rate is 1%.

Why I started the Foundation back in 2004? I was diagnosed HIV+ in 1997. In 2002, I was diagnosed with brain cancer and given 2 - 4 years to live. I promised my wife Jodi that if I survived cancer with her help, I would do everything I could to help people, especially children, living with HIV or cancer. There are still 650,000 people dying from AIDS every year. I recently turned 70 years young. 10 of my last 25 marathons have been my fastest since my cancer diagnosis. I think that people, even those living with HIV and cancer, can reverse their aging process if they lead a healthy lifestyle. On October 10, 2021, I finished the Mohawk-Hudson Marathon in 04:17:13 which qualifies me, a proud grampa, to run my 2nd Boston Marathon in 2023 at age 70!

For people living with HIV or cancer: exercise, eat healthy, don't smoke or drink alcohol, and never have unsafe sex if you and your partner are not committed to a monogamous relationship. To government, business and society, "people living with so-called fatal illnesses can lead healthier productive lives if we have affordable access to doctors and medicine."

For the following donations, sponsors will receive: \$50, a copy of the book, *Richard Brodsky's Journey of Hope*; \$100, your names will appear on the Event T-shirt; \$200, your logo and link to your website will appear on the World AIDS Marathon website plus 2 t-shirts; \$500, co-sponsor an orphan dinner dance for 250+ orphans, and receive all the promotional benefits as the smaller donor categories. Certificates of Appreciation for the World AIDS Marathon + events in Kenya will be sent to anyone donating \$25+. Kindly complete the attached sponsorship card and return as noted. Cash donations should be received by Nov. 14th with your logo,

People in our very own and global communities are counting on you and me to make a difference in their lives. Please join me in my fight against AIDS and cancer. Thank you on behalf of all people afflicted with HIV & cancer.

Very Truly Yours,

Richard Brodsky, President
 Richard M. Brodsky Foundation

www.richardmbrodsky.org Foundation website
www.worldaidsmarathon.com marathon website
www.treblood.com book website
www.5kaidscancer.com 5k run/walk in America website



WORLDS AIDS MARATHON HALF MARATHON, 10K, 5K



acknowledge and honor the loss and memory of 40,000,000 souls.

REGISTER ONLINE : worldaidsmarathon.com/registration2022.html

Proceeds will be donated to St. John's Episcopal Hospital and Family Health Centers Long Island FQHC and the Foundation's annual projects in Kenya, visit www.worldaidsmarathon.com.

Event is being presented by Rockaway Business Allinace to benefit the Richard M. Brodsky Foundation.

Dec. 1, 2022

9:30 AM START

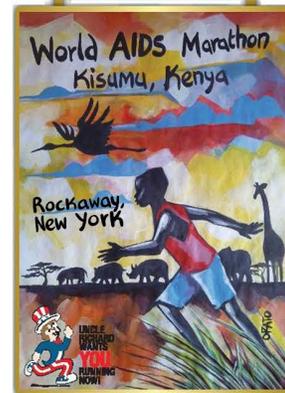
Beach 73rd Street and
Rockaway Beach Boardwalk,
Queens, NY



T-SHIRTS / MEDALS

All participants will receive an event t-shirt and medal. T-shirt is painted by Kenyan artist Edward Orato.

Top 3 finishers in each race, overall and masters winners m/f will receive a trophy.



500

POSTERS

DONATED BY

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therockawayhotel.com



718-634-3200



multiply the good

516-223-2835



rockawaybusinessalliance.org



**UNCLE
RICHARD
WANTS
YOU
RUNNING
NOW!**

REGISTER NOW!

MARATHON



HALF
MARATHON



10K



5K



CONTACT INFO: Richard Brodsky, richardm.brodsky@gmail.com

Prominent Groups and Individuals Who Have Expressed Support of the Foundation

President Barack Obama - AIDS is the worst public health crisis in human history, and finding a cure is a priority of mine. But government cannot fight AIDS alone. People like you are invaluable working at the grass roots to show the human face and spirit that I believe will ultimately defeat AIDS. I wish you all the best for a successful race.

President Bill Clinton

- The HIV/AIDS epidemic is one of the most urgent problems of our time and it needs the voices, energy, and involvement of people like you.

United States Senator Ted Kennedy

- I wish you all the best in your continuing battle against HIV/AIDS and I commend you for all you're doing to raise money for a cure.

Congressman Thomas R. Suozzi

- I thoroughly wish you all the best in your continuing battle against HIV/AIDS and I commend you for all you're doing to raise money for a cure.

Former United Nations Special Envoy to HIV/ AIDS in Africa, Stephen H. Lewis

- I wish you every triumphant success. There can be no objective on this planet more worthy than to overcome the pandemic of HIV/AIDS.

Michael Nyagah Mainge, Nakuru, Kenya

- But a prophet is coming. It is said that a prophet is not recognized in his homeland. Richard Brodsky (read AIDS prophet) is flying from his homeland for a purpose - to continue with the awareness that is slowly sliding to oblivion. Are we going to heed his call or despise his noble efforts?

Ronald Fatoullah, Co-chair of the Board of Directors of the Long Island Alzheimer's Association

- A heartfelt thank-you to Richard and Jodi Brodsky and the Richard M. Brodsky Foundation for their exceptional efforts in fighting HIV/AIDS and in assisting those with brain cancer. Richard, your life history is truly an inspiration to all of us!

Geri Barish, Exec. Director of Long Island Breast Cancer Action Coalition (Hewlett House – cancer resource center)

- Thank you for the wonderful work you do for the AIDS & Cancer Community. Through your awareness programs, runs and other events you have brought a positive and educational awareness to so many

Dr. Anton Berzins, Great Neck North High School, school psychologist

- It's easy to bring out the best in our students when we focus our energies on a worthy cause, and a wonderful human. The kids see your generosity, kindness, and perseverance, and respect that.

Harvard Medical School, Dr. Bruce Dezube

- Yours is a beautiful message of hope.

Mike Polansky (Former President of the Greater Long Island Running Club)

- There is no harder working team of race directors on Long Island than Richard and Jodi Brodsky.

Professor Asher J. Matathias, President Long Island Lodge#1353, B'nai B'rith

- May the Almighty grant you good health, much love, and the will to continue your work. You are a beacon for people living with HIV and cancer.

Reverend Wanda Meyers, Living Hope Fellowship of Massapequa

- I pray God's richest blessings upon you as you continue to make a difference in the lives of others. You have certainly made a difference in mine.

Dr. Bruce Hirsch, Northwell Health

- Your marathoning is a living inspiration. When I see you run, I smile and start to jog myself.

Mayor Jean Celender, Village of Great Neck Plaza

- I wish to commend Richard on his remarkable journey to encourage people living with HIV + cancer to live healthy productive lives. You are inspiring many and making a difference in the fight for a cure.

Former Town of Hempstead Supervisor Kate Murray

- Our township salutes you and we offer our hearts, minds + hands to assist in all of your noble endeavors.

Tarika James, Chief Medical Officer of Long Island FQHC

- It is great that Richard Brodsky has an everlasting passion for supporting research towards AIDS + cancer

Jerry S. Laricchiuta, CSEA President of Local 830 Nassau County

- Richard Brodsky is an unbelievable champion for those who suffer from illnesses such as AIDS + cancer. Support his cause, he is the real deal.

Jewish World, Albany, NY - Says Brodsky in 2019 at age 67, "I know I don't fit the profile to be running marathons with HIV and brain cancer. I'm 20 pounds overweight for a marathon runner and I should be 20 years younger. In the past two years I ran 10 marathons including my first Boston Marathon."



Eliud Kipchoge's full video message about World AIDS...

https://youtu.be/skXlq_p0dTYE Eliud Kipchoge Kenyan Marathoner's message about 15th World AIDS Marathon in 2021... Sad we can't be there this year.



Jodi has agreed to run a marathon with me for my 100th birthday and I will not deprive my wife of my present.

Richard M. Brodsky Foundation's Mission: To improve the lives of people, especially children, living with HIV & cancer in Africa & America + raise awareness that 2/3 of the people dying from AIDS live in sub-Saharan Africa. A LACK OF DOCTORS, MEDICINE, AFFORDABLE HEALTHCARE, EDUCATION, CLEAN DRINKING WATER & NUTRITIOUS FOOD COMBINED WITH AN ABUNDANCE OF POVERTY, HUNGER, MALARIA & TUBERCULOSIS is the reason why 1 child in 24 will die before they are 5, as per UNICEF, and one of the leading causes of death is hunger.



For more info about the Richard M. Brodsky Foundation, World AIDS Marathon, 5K AIDS / Cancer Run / Walk in America and the book, *Jodi, The Greatest Love Story Ever Told*, please visit the websites, www.richardmbrodsky.org, www.worldaidsmarathon.com, www.5kaidscancer.com & www.treblon.com. For photos of World AIDS Marathon & related events, view marathon website.



Thank you, Rockaway Business Alliance, for presenting the marathon, half, 10K + 5K on the Rockaway boardwalk + Rockaway Track Club for timing the events. We will travel to Kenya for 10 days in mid-December to sponsor 4 orphan dinner dances + provide medical care for orphans + a day of music and dancing for special needs kids + a 5K event to honor the 40,000,000+ people who have died from AIDS.

Richard M. Brodsky Foundation **1247 Mara Court** **Atlantic Beach, NY 11509**
Contact: Richard Brodsky **516-770-7724** richardm.brodsky@gmail.com

The Richard M. Brodsky Foundation will be sponsoring its 16th annual World AIDS Marathon, half marathon, 10K + 5K on the Rockaway boardwalk in Queens, NY, USA on World AIDS Day, 2022. In mid-December, we will be traveling to Kenya to sponsor 4 orphan dinner dances for 800 - 1,000 Kenyan orphans + providing medical care + a day of music & dancing for special needs kids + a 5K Event to honor the 40,000,000+ people who have died from AIDS. Since 2006, the Foundation has sponsored 45 orphan dinner dances for 12,139 orphans; since 2011, 2,916 orphans were examined & treated at the dinner dances. We are seeking runners & sponsors to make this a successful Event. The Richard M. Brodsky Foundation would like to think of itself as a mini-Doctors Without Borders, except we have an advantage. Not only do the doctors, nurses & therapists get to examine & treat the orphans, they get to dine & dance with them. For a \$140 donation, join us on Dec 12 - Dec 19 for events noted above + a Meet & Greet dinner on Dec. 12 in Kisumu, Kenya.



Drs. Sartori and Bonyo examining an orphan

[Bonyo's Kenya Mission](#) photo above and below



Visit www.worldaidsmarathon.com & click register and/or donate for 2022 World AIDS Marathon, half marathon, 10K and 5K.



Theresa Foundation's reach extends all the way to Kenya

A grant to *The Richard Brodsky Foundation* provided children with special needs to be treated to a day of painting lessons, tutored by five Kenyan artists, and a concert by three musical groups at Jiu Pachi, CBO in Kisumu, Kenya.

There are no programs for children with special needs in Kenya, so this grant provided a special opportunity for the kids, artists, and musicians. On December 3, 2021, in addition to the musical concert, there was an art exhibition of paintings the children created a few days earlier. Everyone received an event t-shirt, a nourishing meal, and snacks at both events.

The three musicians, Gabiro Mtu Necessary, Kysh Robert's, and Coster Ojwang were amazing, and the children started dancing with Gabiro immediately! Kysh and his four dancers executed their segment in perfect choreography, and Coster wrote and sang an original song titled "Theresa, Our Little Angel."

The event was hosted by Eunice Owino, who donated her Jiu Pachi facility. Kenyan orphans have a very difficult life and they were thrilled and appreciative to be given the opportunity to create works of art and to showcase in their paintings and dancing.

There is a special bond that enriched the painting experience between the artists and kids that will remain forever etched in their hearts.





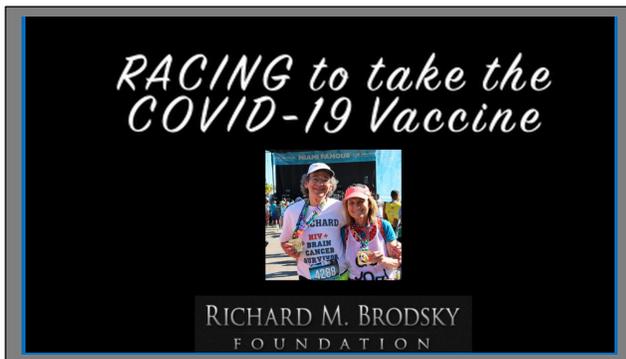
Enjoy the video World AIDS Marathoners Love Affair With Kenya on my youtube channel <https://youtu.be/sGwNJbaZ-v8>.

Please subscribe, comment, LIKE and share. Why can't we embrace & celebrate diversity like my Kenyan friends.

A story of everything that Kisumu, Kenya has to offer: its animals, artists, dancers and singers + its vibrant fishing economy bordering Lake Victoria and most of all, Kenya's incomparable runners.

Writing videos promoting a healthy lifestyle, raising awareness about the plight of AIDS orphans in Kenya, helping special needs kids, giving hope to people living w/ HIV & cancer, ending the COVID-19 pandemic, and with YOUR SUPPORT we can make a difference in making the world a more ACCEPTABLE place to live.

For your kind, encouraging message to me in the video World AIDS Marathoners Love Affair With Kenya, **Thank you Eliud Kipchoge.**



The video, Racing to Take the COVID-19 vaccine, <https://youtu.be/L9p-MvADYKc> is a plea for everyone to take the vaccine. I'm 68, HIV+ and a brain cancer survivor. 6 weeks after taking my 2nd COVID-19 vaccine I ran my fastest marathon in the past 20 months. The video is also a plea for America to share its vaccine with poorer countries. 30 presenters from diverse backgrounds share powerful messages to end this global pandemic.



<https://youtu.be/dHgVpkQXlqs>

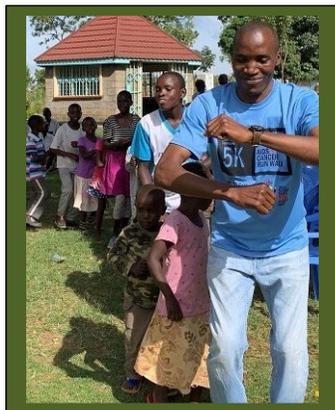
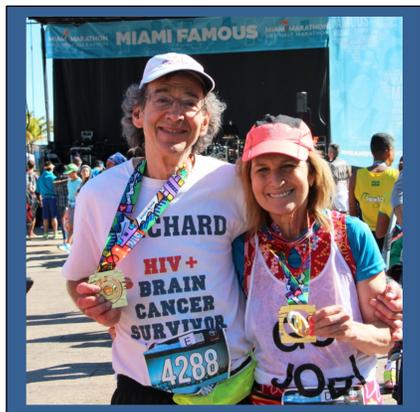
The 2021 events were so successful that Kenyan were determined to have an event in May 2022. The Richard M. Brodsky Foundation donated \$400. Jameelah Aziz & friends donated clothing, and we added a fashion show. Gabiro Mtu Necessary was the lead singer and the kids loved dancing with him. 4 art tutors assisted with art lessons. Eve Madara was a superstar with fashion design & face painting. The kids were models; self-esteem flowed at Jiu Pachi.

Help support the Richard M. Brodsky Foundation's work by making amazon purchase, click here. Same price as buying from amazon. Smile amazon donates .5% of every dollar you spend to the Richard M. Brodsky Foundation, a 501 (c) (3) public charity, but only if you register my Foundation via the above website.



Richard M. Brodsky Foundation 1247 Mara Court Atlantic Beach, NY 11509
Contact: Richard Brodsky Phone: (516)770-7724 richardm.brodsky@gmail.com

15th annual World AIDS Marathon sponsored by only person in the world who runs marathons & is living with HIV + brain cancer + running Albany, NY Marathon to help end AIDS epidemic in NY State



The Brodsky's do everything possible to help eliminate the stigma of AIDS. Pictured above is Richard & Jodi Brodsky finishing 2015 Miami Marathon, orphan dinner dance at Pres. Obama's grandmother's home and start of 2016 World AIDS Marathon.

Visit www.worldaidsmarathon.com and click on **REGISTER NOW** for 2022 World AIDS Marathon, half marathon, 10K or 5K on Rockaway Boardwalk, Queens, NY on World AIDS Day, December 1.

The Richard M. Brodsky Foundation's Mission Statement is heartwarming in many ways: To improve the lives of people, especially children, living with HIV and cancer in America and to raise awareness that 2/3 of the people dying from AIDS live in sub-Saharan Africa.

Join us for 16th annual World AIDS Marathon, meet and greet dinner, 4 orphan dinner dances, a day of music & dancing + lunch for special needs kids + a 5K running Event to commemorate the lives of 40,000,000+ people who have died from AIDS.

A LACK of DOCTORS, MEDICINE, AFFORDABLE HEALTHCARE, EDUCATION, CLEAN DRINKING WATER & NUTRITIOUS FOOD COMBINED with an ABUNDANCE of POVERTY, HUNGER, MALARIA & TUBERCULOSIS is the reason why 1 child in 24 will die before his or her 5th birthday. According to UNICEF, the leading causes of childhood death are poor or nonexistent medical care, malnutrition, and hunger. To these ends, the Richard M. Brodsky Foundation has sponsored and provided for the following groundbreaking projects:

- Co-sponsored with Kenyan partners or sponsored 15 World AIDS Marathons in Kisumu, Kenya
 - 45 festive orphan dances for 12,139 Kenyan orphans since 2006
 - Concert in Kenya in 2006 + meals, lodging and transportation for 50 Kenyan runners
- Medical care & medicine for 2,916 Kenyan orphans since 2011 which saved the lives of 900+ orphans.
 - \$31,000 in prize money for the fastest runners, a modest amount for Kenyan runners.
 - 12 children's walks for 3,200 children
 - HIV-testing for 3,500+ people (provided by others at World AIDS Marathon Event)
- 5 days of painting lessons + 2 days of concerts for special needs kids in Kenya (grants obtained from Theresa Foundation
 - \$2,000 which was enough money for groundbreaking for a 60 bed orphanage in Nakuru, Kenya.

To gain a better understanding about the Richard M. Brodsky Foundation, World AIDS Marathon, 5K AIDS / Cancer Run / Walk in America & the book, Jodi, *The Greatest Love Story Ever Told*, please visit the websites www.richardmbrodsky.org, www.worldaidsmarathon.com, www.5kaidscancer.com & www.treblood.com.

Donations are greatly appreciated: visit <http://www.worldaidsmarathon.com> and click DONATE or mail to address at top of page. Photos of World AIDS Marathon and related events can be seen on [the marathon](http://the.marathon) website.

Printing donated by Maidenbaum Property Tax Reduction Group, LLC 516-336-8622

Richard M. Brodsky Foundation 1247 Mara Court Atlantic Beach, NY 11509
Contact: Richard Brodsky Phone: (516)770-7724 richardm.brodsky@gmail.com

**SCHEDULE OF EVENTS IN CONJUNCTION WITH WORLD AIDS MARATHON,
HALF MARATHON, 10K and 5K**

**6 meals including 4 orphan dinner dances + meet & greet dinner +
lunch w/ special needs kids and a day of art, music and dancing**



Thursday: 12/1, World AIDS Day Marathon, half marathon, 10K and 5K On Rockaway Boardwalk, Queens, NY USA. There are no other marathons marking World AIDS Day in North America and this one is organized by the only person in the world who runs marathons who is living with HIV and brain cancer. Please celebrate the day with me and everyone whose lives and families have been affected by HIV and cancer as we raise money for local and global organizations and offer hope to people living with HIV and cancer and their caretakers. All other events are held in Kisumu, Kenya.

Monday: 12/12, meet & greet dinner at Imperial Hotel 8 pm. Guests: artists and musicians serving as art tutors or musicians performing in 2021 and 2022 concerts; 4 Senior Athletics Kenya officials; hosts of orphan dinner dances: Marsat Onyango, Pastor Paul, Eunice Owino and Dr. Bonyo; Anne and her friend; Faith & Dr. Nalwa Wafula; Eucabeth Awuonda; Ignatious Walter Oluoch; Kevin Ong'uti Momanyi, doctors examining orphans & International participants who pay \$140 registration fee which includes Events noted on this page. Gabiro Mtu Messenger will be performing live. If anyone mentioned in this list would like to be invited to other events, kindly write me

Tuesday: 12/13, orphan dinner dance, Masara, Kenya (Bonyo's Kenya Mission), 2 - 5 pm. 4 senior AK officials, Anne and her friend, Kevin, Ignatious, International runners who pay \$140 registration fee are invited.

Wednesday: 12/14, orphan dinner dance at Pastor Paul, 12:30 - 5 pm. 4 senior AK officials, Anne and her friend, Kevin, Ignatious, International runners who pay \$140 registration fee are invited.

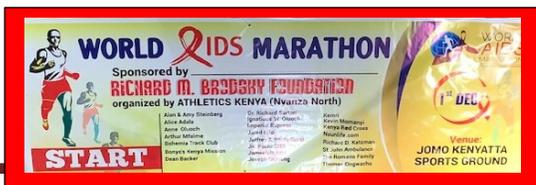
Thursday: 12/15, orphan dinner dance at Marsat Onyango's home (Mama Sarah's daughter), 12:30 - 5 pm, 4 senior AK officials, Anne and her friend, Kevin, Ignatious, International runners who pay \$140 registration fee are invited.

Friday: 12/16, 5K run to commemorate World AIDS Day starting at 6:30 am, Dunga, details to follow, DUNGA needs a sister city and Rockaway, NY is a similar seaside resort community embracing diversity.

Saturday: 12/17, personal day

Sunday: 12/18, orphan dinner dance at JIU PACHI 1 pm - 4 pm, 4 senior AK officials, Anne and her friend, Kevin, Ignatious, International runners who pay \$140 registration fee are invited.

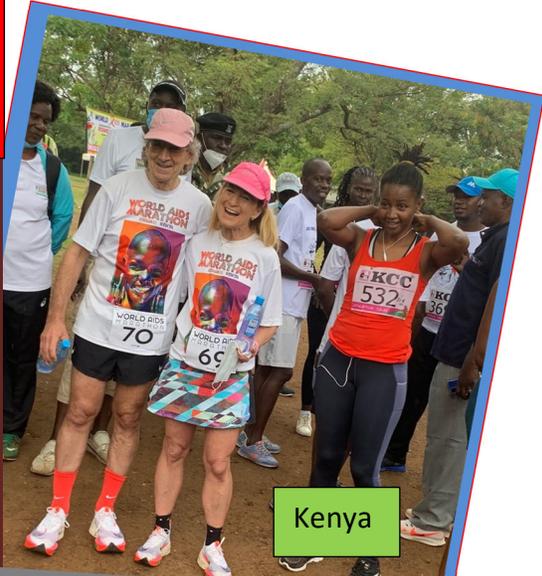
Monday: 12/19, a day of music & dancing for Special Needs Kids, concert at JIU PACHI, 10 am - 1 pm, 4 senior AK officials, Anne and her friend, Kevin, Ignatious, International runners who pay \$140 registration fee are invited.



Rockaway Beach, NY



Nova Scotia

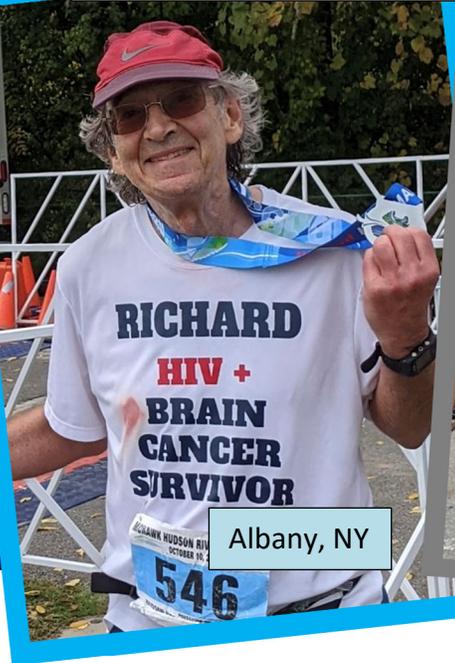


Kenya

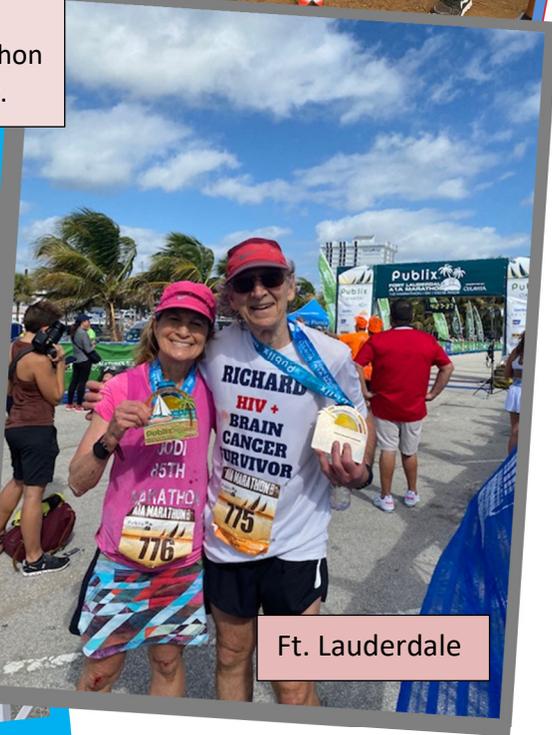
BEST NEWS EVER...
 Jodi has agreed to run a marathon with me for my 100th birthday.



Boston



Albany, NY



Ft. Lauderdale

As a team
 Jodi & Richard Brodsky do everything they can to eliminate the stigma of AIDS, give hope to others living w/ HIV & cancer, + offer hope to runners that they can run faster as they age. Richard is 70 and qualified to run his 2nd Boston Marathon in '23. Jodi, will run her 10th straight Boston Marathon in '23. Richard plans to run 6 marathons in '22 while Jodi plans to run 7.

About 2,560,000 results (0.51 seconds)

HIV+ brain cancer runner denied Boston Marathon entry

myemail.constantcontact.com/HIV-brain-cancer-runner-denied-Boston-Marathon-ent...

Apr 3, 2017 - Richard & Jodi Brodsky finishing the 2015 Miami Marathon. I will do everything I can to help eliminate the stigma of AIDS. There are people who have been accepted to the Boston Marathon in the past by making phone calls and writing compelling letters, but I have not been successful as I have already ...

#Boston #Marathon, #HIV+ #brain cancer #marathon #runner denied ...

<https://www.linkedin.com/.../boston-marathon-hiv-brain-cancer-runner-denied-access-ri...>

Apr 15, 2017 - founder of World AIDS Marathon & 5K AIDS Cancer Run Walk, seeking to improve the lives of people living w/ HIV & cancer. Read why Reverend Wanda Faye Myers thinks it is imperative for Richard to run the Boston Marathon and how he can help others living with HIV and cancer. <http://conta.co/2oeeEV9>.

59 Years Young, HIV+ Brain Cancer Survivor Will Be Running Long ...

www.marketwire.com/.../59-years-young-hiv-brain-cancer-survivor-will-be-running...

Apr 30, 2012 - ATLANTIC BEACH, NY --(Marketwire - April 30, 2012) - Richard Brodsky was diagnosed HIV-positive in 1997. In 2002 he was diagnosed with terminal brain cancer and given 2 - 4 years to live. Brodsky's goal is to run his fastest marathon time for his 4th straight time. Brodsky's last 3...

Richard Brodsky: Advocate | A&U Magazine

<https://aumag.org> Features

Feb 28, 2018 - Brodsky stays vigorous and vital by running marathons, including the Jerusalem Marathon, the Nova Scotia Marathon, and the New York Marathon. His Foundation sponsors ... When Richard runs, he usually wears a T-shirt that sports the words on front, "HIV+ Brain Cancer Survivor." He's often compared to ...

Cancer and HIV survivor says he's running for his life | Miami Herald

www.miamiherald.com/sports/other-sports/article1939399.html

Jan 27, 2012 - The spirited, resilient Brodsky crushed the four-hour barrier with a 3:23:23 in the New York City Marathon the year after his HIV diagnosis. ... Whatever remains of his brain tumor is "dormant," she said, adding that fewer than 5 percent of patients with his type of aggressive tumor, glioblastoma multiforme, ...

You've visited this page many times. Last visit: 1/24/17

11th annual 5K AIDS Cancer Run Walk by Richard M. Brodsky ...

<https://groupnev.com/aids-cancer18>

I'm HIV+ since 1997, a brain cancer survivor since 2002, and a marathon runner for life. Running, leading a healthy lifestyle, and have access to medical care and medicine is keeping me strong. At age 65, seven of my last ten marathons have been my fastest since cancer. Finally, after running 56 marathons I qualified to ...

Cancer survivor continues to run with purpose | CTV Atlantic News

<https://atlantic.ctvnews.ca/cancer-survivor-continues-to-run-with-purpose-1.3514669>

Jul 22, 2017 - A man who lives with HIV and survived terminal brain cancer, is spreading his message of wellness here in the Maritimes. ... "Right now we are enjoying the ride, and you know, even if we get slower, he says one day we will be the fastest couple marathon runners in the world. So we will shoot for that," says ...

LIFETIME FITNESS Invites 64 Yr Young HIV+ Brain Cancer Survivor ...

konknet.com/lifetime-fitness-invites-64-yr-young-hiv-brain-cancer-survivor-miami-b...

Jan 26, 2017 - Richard Brodsky is HIV+ since 1997, a brain cancer survivor since 2002 and a marathon runner for life. He ran his fastest marathon in NOVA SCOTIA since his terminal cancer diagnosis on July 24, 2016 finishing in 03:53:30. Says Richard, "my wife Jodi Brodsky (formerly Jodi Slansky) is the fastest Jewish ...

World AIDS Marathon: Invite Richard to Speak

www.worldaidsmarathon.com/inviterichardtospeak.html

World AIDS Marathoner & wife traveling to Kenya for 10th time. Invite HIV+ brain cancer survivor, marathon runner to speak at your school or business. -How is it I'm surviving HIV & brain cancer + running marathons? People living with HIV and/or cancer can reverse their aging process. I'm 62 years young. My last 3 ...





Special Kids Concert & Dancing

Lunch, snacks and drinks will be served

December 19, 2022
10 am - 1 pm
Jiu Pachi, Kisumu

Performing Musician:
Gabirol Mtu Necessary

Thank you Eunice Owino for hosting the Event at Jiu Pachi.

Richard M. Brodsky Foundation

Bet Elazraki Teens Participate in Miami Marathon

This year, at the Miami Half Marathon, 16 teens and 4 counselors from Emunah's Bet Elazraki Children's Home ran with Team Emunah, a run they had spent many months practicing for. Wanting to "give back," the runners dedicated their run to the memory of four soldiers who died during Operation Protective Edge: Liran Edri, Benaya Sarel, Hadar Goldin and Liel Gidoni, z"l. The kids wore the pictures of these soldiers on their t-shirts, alongside the Emunah and Bet Elazraki logos. **Ben Zeitz**, 22, a student at Baruch College in NY, participated in his third Miami Marathon with Team Emunah, joining other American runners. He felt inspired by the enthusiasm of the Bet Elazraki teens, saying, "Seeing the kids from Bet Elazraki cross the finish line was incredibly moving; it was the culmination of a long journey that started long before they boarded the planes to America. Each of them have been waking up early, training, and focusing extra hard on their studies for months in order to reach this milestone- I am so proud of each and every one of them."



Richard Brodsky – Running to Save Lives

Richard Brodsky is President of the Richard M. Brodsky Foundation; he has been HIV+ since 1997, a brain cancer survivor since 2002, and a marathon runner for life. As a dad living with HIV and brain cancer, Brodsky feels blessed to be alive and share in the joy of his daughter's milestones. Still, he feels compelled to help others in need. His own "good fortune" is not something he takes for granted, recognizing that there are children whose parents cannot appreciate the miracle of the child they created. This troubles him, saying "Would it be too much to wish for if there were a home where children were loved, nurtured, educated and the caring continued throughout their life."

He and his wife, **Jodi**, ran in the Jerusalem Marathon raising more than \$52,000 for Bet Elazraki Children's Home. Brodsky was introduced to the home and he immediately knew he wanted to help the children who live there. He decided to run in the Marathon to benefit the children "knowing that each step of the marathon will bring me one step closer to making a better future for the children of Bet Elazraki. I pledge to run my hardest and fastest to help them."

Besides helping these children, the Richard M. Brodsky Foundation, a public charity helps children and orphans both in America and Africa. The Foundation has sponsored or co-sponsored 11 World AIDS Marathons with the Kisumu World AIDS Marathon Group in Kenya on World AIDS Day, 21 orphan dinner dances for 6,966 Kenyan orphans since 2006, and provided medical care, oftentimes lifesaving, for 790 Kenyan orphans since 2011. Brodsky admits, sadly, that he cannot be there for the Kenyan orphans on a daily basis, but is gratified to know he will be helping Bet Elazraki and its staff "who are there for life to raise these children as if they were their own."



The Richard M. Brodsky Foundation

would like to extend its heartfelt thanks to ATHLETICS KENYA and

Sheldon Soloway (in loving memory of Sidney & Leatrice Soloway)

for being a 'Racing to Save Lives Volunteer' for the 2021 World AIDS Marathon and its related Events. 897 orphans dined & danced + 205 orphans were examined and treated by doctors at 4 orphan dinner dances, + 2 days for art lessons/exhibit and concert for special needs kids in conjunction with the 15th annual World AIDS Marathon on World AIDS Day in Kisumu, Kenya. 100 runners participated in the full + half Marathon + 5K relay run. According to UNICEF, 1 Kenyan child in 24 will die before their 5th birthday. Thank you to the doctors for saving the lives of many Kenyan orphans + International & Kenyan runners, sponsors, volunteers, singers & dancers, and art tutors.



World AIDS Marathon t-shirt
Image donated by Stephen Bennett
Designed by Rupert Reyneke



Dec. 1... start of marathon



Nov. 27... dancing at the late Mama Sarah's home, Pres. Obama's grandmother, hosted by Marsat Onyango, Mama Sarah's daughter



Nov. 28... paintings by special needs kids and exhibited on Dec. 3



Nov. 29... medical exams at Pastor Paul Ochieng's Word Academy



Nov. 30... orphan dinner dance at Mama Pilista Bonyo Memorial Health Centre hosted by Dr. Bonyo



Dec. 2 & 3... orphan dinner dance at Jiu Pachi + concert for special needs kids, Gabiro Mtu Necessary featured above dancing w/ special needs kids



Artist Sam Olu (left) tutoring art student at Jiu Pachi, hosted by Eunice Owino



Coster Ojwang, 2nd from left, wrote a song: Theresa, Our Little Angel. Thanks to the Theresa Foundation for a grant for 2 days of art lessons & concert for special needs kids



A visit to Kisumu Impala Sanctuary fronting Lake Victoria, NO mr. buffalo, I'm not lunch!



Love hanging out at Maasai Market with artist friends, George Omondi Odongo and other art tutors



Dec. 5... upon arriving in America, Jodi and I ran the 5K race on Arverne boardwalk; 101 finishers at World AIDS Marathon, half, 10K and 5K organized by Elitefeats. Jodi finished 1st overall in 5K.





AIDS
Cancer
Run Walk



The Richard M. Brodsky Foundation | 1247 Mara Court Atlantic Beach, NY 11509 | www.richardmbrodsky.org

The Richard M. Brodsky Foundation invites you to be a sponsor for its 14th annual 5K AIDS/ Cancer Run / Walk on June 6, 2021. Kindly indicate the donation you would like to make and mail your check in the enclosed envelope.

Contact info: Richard Brodsky, richardm.brodsky@gmail.com or (516)770-7724.

- | | | | |
|--|----------|---|--------------------------------|
| <input type="checkbox"/> Golden Humanitarian | \$25,000 | <input type="checkbox"/> Advocate | \$250 |
| <input type="checkbox"/> Miracle Lifetime | \$10,000 | <input type="checkbox"/> True Believer | \$100 |
| <input type="checkbox"/> 350 T-Shirts, <i>Donated by You</i> | \$2,500 | <input type="checkbox"/> Richard's Journey of Hope, <i>a Book for You</i> | \$50 |
| <input type="checkbox"/> Racing to Save Lives | \$1,000 | <input type="checkbox"/> Other _____ | <i>(amount, toys, product)</i> |

Please make your check payable to the Richard M. Brodsky Foundation, or for online donations visit www.richardmbrodsky.org or www.5kaidscancer.com. Toiletry / gift items may also be donated for people living with HIV + cancer, who are patients at Center of AIDS Research & Treatment at North Shore University Hospital, + other local AIDS + cancer organizations. Toys may be donated for children attending Five Towns Community Center's programs + other local organizations + hospitals supporting kids living with illnesses. Product donations should be mailed to Richard M. Brodsky Foundation, 1247 Mara Court, Atlantic Beach, NY 11509. If you are making a product donation, please telephone me in advance. All product donations should be received by June 3,. We also pick up + deliver food to organizations due to Covid 19. Thank you, Richard M. Brodsky.



UNCLE
RICHARD
WANTS
YOU
RUNNING
NOW!

*Thank you for
celebrating
with the
only
HIV+ brain cancer
marathon
runner!*

